



## Growing Manchester Spring 2020 Workshops Programme

Helping your food growing project succeed

Growing Manchester supports community food growing projects in Manchester to grow and live sustainably.

Supported by Manchester Health and Care Commissioning (a partnership between Manchester City Council and NHS Manchester Clinical Commissioning Group), the programme is delivered by social enterprise Sow the City.



Manchester Health & Care Commissioning

### Spring 2020 Workshops Programme

We have an exciting array of FREE advanced courses for you and your group members to attend, starting with our spring workshops programme taking place through March, April and May.

Keep learning is one of the *Five Ways to Wellbeing*, so sign up and take some inspiration and ideas back to your Growing Manchester group!

Take a look at the courses below and book your place by emailing [kieron@sowthecity.org](mailto:kieron@sowthecity.org) or ringing 0 16 14 65 69 54.

### Planning your crops

What? When? Where? These and many other burning questions you and your group may have will be answered regarding the planning of your crops in 2020. This workshop will equip you with the knowledge and confidence to plan your growing activities for this and years to come, so that you can maximise your yields.

**Date:** Tuesday, 10<sup>th</sup> March 2020  
**Time:** 10:30-12:30hrs  
**Venue:** The Hive Gardening Club, Withington



## Building Practical Things for the Plot

Be it a raised bed or a composter; a cold frame or a bench, this practical workshop will take you through basic joinery techniques and a series of tasks, enabling you to develop site infrastructure without paying through the roof. Please send any other ideas or requests on a postcard in advance!

**Date:** Tuesday, 24<sup>th</sup> March  
**Time:** 10:00-15:30hrs  
**Venue:** The Boiler House, Moss Side

## Build a Brick BBQ

This practical and hands on workshop will show you some basic bricklaying techniques, that you can apply in many situations to your plot: walls, greenhouse bases and even planters for example. The workshop will apply these techniques to a brick BBQ, a brilliant piece of site infrastructure at both harvest time and all year round.

**Date:** Friday 3<sup>rd</sup> April  
**Time:** 11:00-15:00hrs  
**Venue:** The Boiler House, Moss Side

## Let's Paint the City with Flowers!

This fun and rewarding workshop will equip you with the skills to make our bees, communities and visitors happy! Learn about how to maximise the success of planting wildflowers and actively contribute to a new wildflower meadow at the Grange Community Resource Centre.



**Date:** Wednesday, 15<sup>th</sup> April  
**Time:** 13:00-15:00hrs  
**Venue:** Grange Community Resource Centre, Beswick

## Container Growing

Kieron from Sow the City will show you how to grow fruit, veg and herbs in all manner of containers, allowing you to grow big crops in small spaces such as yards, balconies and window ledges. You can also take your planted containers home too!

**Date:** Thursday, 23<sup>rd</sup> April  
**Time:** 13:30-15:30hrs  
**Venue:** Aquarius Community Centre, Hulme

## Empowering a community to get growing!

The Let's Keep Growing group in Longsight will relay their excellent experience at empowering their local community to come together and improve the local environment, in this instance a messy alleyway and an unused open space. This was filmed by the BBC for a forthcoming programme about sustainability. Learn what they do and how they go about it, to maximise people power and success in your area.

**Date:** Saturday, 2<sup>nd</sup> May  
**Time:** 14:00-16:00hrs  
**Venue:** Venue TBC in Longsight, but subject to fine weather we hope to deliver this fun workshop outside in the revitalised alleyway!

